

Trauma Healing Initiative Program Offerings

HEALING GROUPS

A healing group is a safe, multi-session small group. People with deep wounds from trauma can find healing, engage with Scripture, learn to feel safe, learn to trust, and know they are valued.

Healing Groups are led by certified facilitators and cover topics such as God's presence in suffering, grieving, and forgiveness. Adult healing groups are meant for those ages 18 and older and are not intended to be a replacement for professional mental health care.

After participating, an individual may determine with their trainer if they are ready to lead others through a healing group.

INITIAL FACILITATOR TRAINING

Facilitator training equips people to lead Healing Groups. Participants will learn skills to know how to be safe people to those that have experienced deep pain and suffering. The training combines both biblical and mental health principles related to trauma care.

Participants must have first attended a Healing Group to be trained as a facilitator.

ADVANCED FACILITATOR TRAINING

The Advanced Facilitator Training builds upon the skills already gained through the Initial Facilitator Training. Participants must have led two healing groups to attend an Advanced Facilitator Training. By the end of this session, trainers will be better able to solve issues arising in trauma healing as they carry out their ministries.

COMBINED HEALING GROUP & INITIAL FACILITATOR TRAINING

At times we will combine a Healing Group with an Initial Facilitator Training. While this is a longer time commitment there is the benefit of experiencing a Healing Group and moving directly into Initial Facilitator Training.