

# SANKOFA

*@Home*

*Introductory  
Resources*



Transform Minnesota

# INTRODUCING SANKOFA AT HOME!

## SANKOFA: To return; to go; to fetch, seek, and take.

From the Akan people of Ghana, Sankofa is the practice of looking back to move forward. It is only through knowing our history that we can begin to understand how to heal and repair our wounds.



Since 2017, Transform Minnesota has facilitated multiple Sankofa trips to the Southeastern United States. These trips are designed as a spiritual journey or pilgrimage through the history of slavery and civil rights in America.



*Clayton Jackson McGhie Memorial*

While there is much to be learned throughout the Southeast, the practice of Sankofa does not need to be limited to these trips. There is much we can learn from the history of race and racism embedded in the foundation of our own state.

With this in mind, we are creating a series of posts we're calling Sankofa @ Home.

Race has played a role in Minnesota longer than the state has existed. Aspects of this history can be very painful, multifaceted, and for some, largely unknown.

**Sankofa @ Home** provides an opportunity to experience a self-guided exploration of locations that speak to different aspects of this history.

Each post will provide information about at least one location you can visit, along with additional resources you can interact with.

We encourage you to visit each of these sites. As the participants from our Sankofa trips can attest, books can be great resources, but some things can only be learned through experience. Ask questions, reflect on our history, and consider how and why this history has shaped the way our state looks today.



*Rondo  
Commemorative  
Plaza*



*Fort Ridgely*



*Arthur and Edith Lee House*

# MINNESOTA AFRICAN AMERICAN HERITAGE MUSEUM AND GALLERY

We begin our Sankofa @ Home journey with an introduction to the history of race in Minnesota. That introduction begins in North Minneapolis at the Minnesota African American Heritage Museum and Gallery (MAAHMG).

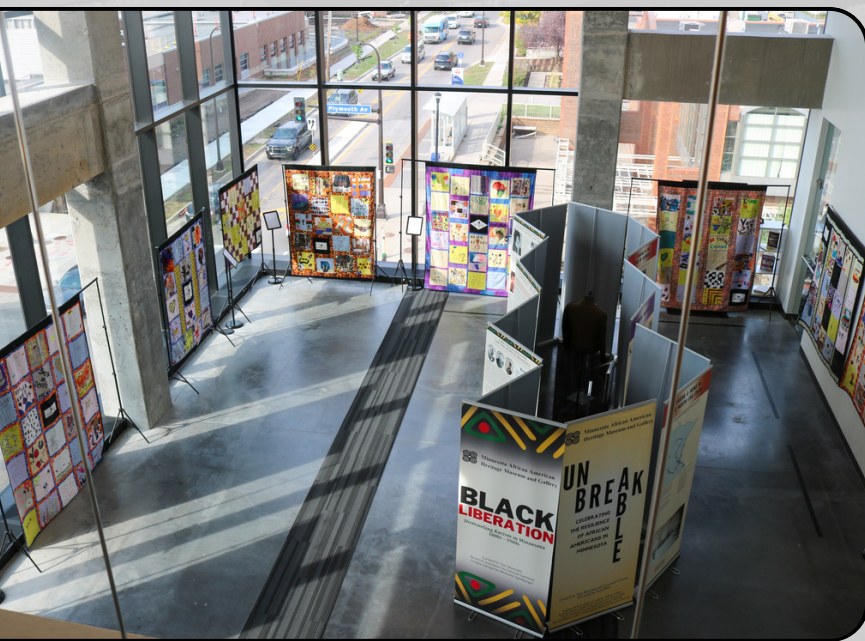
For 5 years, the MAAHMG has worked to preserve, record, and celebrate the history, art, and culture of Black Minnesotans through exhibitions, programs, and community events.

The MAAHMG's exhibits offer the perfect opportunity to learn about, honor, and celebrate the history of African Americans in Minnesota.



## **Minnesota African American Heritage Museum and Gallery**

1256 Penn Ave N, 4th Floor  
Minneapolis, MN 55411  
[www.maahmg.org](http://www.maahmg.org)  
FREE ADMISSION



*MAAHMG Gallery Space*

As you walk through the gallery, reflect upon the information you encounter:

- What's new to you?
- What do you feel?
- What do you notice about the gallery?
- What do you see in the stories from the past?
- How do these stories connect to present-day Minnesota?

## **A Good Time for the Truth: Race in Minnesota** Edited by Sun Yung Shin

“In this provocative book, sixteen of Minnesota’s best writers provide a range of perspectives on what it is like to live as a person of color in Minnesota.”

## **Whiteness in Plain View: A History of Racial Exclusion in Minnesota** Chad Montrie

“An examination of White Minnesotans’ efforts to exclude African Americans from local communities, jobs, and housing across the state and through the decades.”

## **We Are Meant to Rise: Voices for Justice from Minneapolis to the World** Edited by Carolyn Holbrook and David Mura

“A brilliant and rich gathering of voices on the American experience of 2020 and beyond, from Indigenous writers and writers of color from Minnesota.”

## **African Americans in Minnesota** MNOpedia

An overview of the history of African Americans in Minnesota

## **Roots Beyond Race: Take a deep dive into all Minnesota's heritage groups** MPR News

## **What Is Minnesota's Black History? And When Does It Begin?** WCCO



*George Floyd Square*



# **Transform** Minnesota

COMPLEX ISSUES. BIBLICAL PERSPECTIVE.

This resource list is part of Transform  
Minnesota' Sankofa @ Home series

Inclusion of a resource on the list does  
not represent a full endorsement of  
stated beliefs